



Berry Lane Medical Centre

NEWSLETTER

Nov 2025

Important Dates

The surgery will be closed for staff training on Tuesday 18th November from 12.30pm

We will also be closed over Christmas on Thursday 25th – Friday 26th December and New years day Thursday 1st January 2026

Child Vaccine Clinics

We hold a child vaccination clinic at the surgery every Tuesday & Friday.

When your child is due a vaccine or booster we will contact you via text or letter.

Ask to speak with one of our Practice Nurses if you have any vaccination queries.

Alternatively, you can find further info on vaccines at www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them

Surgery Hours

08:00-18:30
Monday to Friday

08:00-12:00
Saturday
(Pre-booked appts only)

Tel: 01772 376 777

Welcome to the Autumn edition of the Berry Lane Medical Centre Newsletter. Summer seems to have quite suddenly ended and the weather is back to our normal cold, rain and wind.

With this change in the weather, I'm sure we will start to see the usual spike in cough and cold symptoms. While these can often leave you feeling rubbish, they are usually self-limiting, and symptoms resolve after 1-2 weeks for most simple viruses. Making sure you rest, keep hydrated and eat plenty of fruit and vegetables is the best way to recover. Using over the counter paracetamol or hot water with lemon and honey can be helpful for getting you through the worst of the symptoms. A top tip for stuffy noses is steam inhalation. If you are coughing up dark yellow-green mucus or any blood, have temperatures lasting more than 3 days in a row, have difficulty breathing, are struggling to eat or drink or have an underlying health condition then booking an appointment to see one of our advanced nurse practitioners, paramedics or doctors is a good idea.

One of the best ways to protect yourself over this season is to have the Flu and COVID vaccines, especially for our older population and those with underlying health conditions. Our successful vaccine clinics have now finished but you can still access these jabs via local pharmacies. Cold weather can worsen heart, lung and immune related problems. For some people with underlying illnesses there is a new scheme for free home upgrades to make your house warmer, cheaper to run and keep you healthy, please see the information about this later in the newsletter.

We are thrilled to welcome back Dr Prosser and our nurse Nicola Metcalf from their maternity leave. We also have a new pharmacy technician Alison Wareing who you may be hearing from with regards to your medications. We are lucky to have 3 new GP registrars with us now. Dr Wright, Dr Sange and Dr Henderson are doing a great job since starting in August and will be with us for a while. Our FY2 Dr Nazeer will be with us another 2 months and we will be getting a new junior doctor at the start of December.

I'd like to finish by saying there is a lot going on in the world currently, and for a lot of people these are really scary times. No matter what your ethnicity, religion, gender or age, we are here to help you and will not tolerate any kind of abuse or hate here at Berry Lane. I hope we can treat all members of our Longridge community with respect, fairness and compassion.

Kind regards,
Dr Oliver Wade



berrylanemedicalcentre.co.uk



berrylanemedicalcentre@nhs.net



facebook.com/BerryLaneMedicalCentre

Covid-19 Vaccinations

Covid-19 vaccine eligibility has changed



Every year, the Joint Committee on Vaccination and Immunisation (JCVI) considers who needs to be vaccinated, to help protect people from serious illness.

Their advice on COVID-19 has changed because the threat from COVID-19 has changed. It has become a common milder infection for most people.

This autumn/winter, COVID-19 vaccination is being offered only to people at highest risk of serious illness - older people and those who have a weakened immune system because of a health condition or treatment. This is different to previous years and isn't the same for flu vaccination.

It's possible for you to be eligible for a flu vaccine but not eligible for COVID-19 vaccination, even if you've had it previously.

Changes in COVID-19 vaccination eligibility for autumn/winter 2025/26

- For autumn/winter vaccination invitations, NHS England uses information from NHS records to check who is eligible for vaccination.
- Information in these records may no longer be relevant if the health condition has resolved or the diagnosis or medicines has changed.
- The clinician at the vaccination site will check eligibility before every vaccination.
- More information can be found at www.england.nhs.uk/contact-us/invite-enquiry

You can get the autumn/ winter COVID-19 vaccine if you:

- are aged 75 or over (including those who will be 75 by 31 January 2026)
- are aged 6 months to 74 years and have a weakened immune system because of a health condition or treatment (see below)
- live in a care home for older adults

You may be eligible for a COVID-19 vaccine if you have a weakened immune system because of a health condition or treatment. This can include if you:

- have or had blood cancer, such as leukaemia, lymphoma or myeloma
- have had an organ transplant, bone marrow transplant or stem cell transplant
- have HIV
- have a genetic disorder that affects your immune system, such as severe combined immunodeficiency (SCID)
- are having or recently had chemotherapy, biological therapy or radiotherapy
- are taking steroid medicine (depending on the dose)
- are having long-term immunosuppressive treatment for a condition such as lupus, rheumatoid arthritis, inflammatory bowel disease (IBD), scleroderma or psoriasis
- A full list of conditions can be found on page 35 and 36 of the [Green Book](#)

Not sure if you're eligible? This list doesn't include all eligible health conditions. Speak to your local pharmacy, GP practice or specialist to check.



Eligibility for the flu vaccine autumn/winter 2025/26

The flu vaccine is recommended for people at higher risk of getting seriously ill from flu.

You can get the free NHS flu vaccine if you:

- are aged 65 or over (including those who will be 65 by 31 March 2026)
- have certain long-term health conditions (see below)
- 2-3 year olds
- school aged children (reception to year 11)
- are pregnant
- live in a care home
- are the main carer for an older or disabled person, or receive a carer's allowance
- live with someone who has a weakened immune system

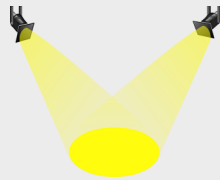
Frontline health and social care workers can also get a flu vaccine through their employer.

The flu vaccine is recommended for people with certain long-term health conditions, including:

- conditions that affect your breathing, such as asthma (needing a steroid inhaler or tablets), chronic obstructive pulmonary disease (COPD) or cystic fibrosis
- heart conditions, such as coronary heart disease or heart failure
- chronic kidney disease
- liver disease, such as cirrhosis or hepatitis
- some conditions that affect your brain or nerves, such as Parkinson's disease, motor neurone disease, multiple sclerosis or cerebral palsy
- diabetes or Addison's disease
- a weakened immune system due to a condition such as HIV or AIDS, or due to a treatment such as chemotherapy or steroid medicine
- problems with your spleen, such as sickle cell disease, or if you've had your spleen removed
- a learning disability
- being very overweight – a body mass index (BMI) of 40 or above

Speak to your GP surgery or specialist if you have a health condition and you're not sure if you're eligible for the flu vaccine.

Staff Spotlight



Alison Wareing

Pharmacy Technician

Hi, my name is Alison and I am the new Pharmacy Technician at the practice.

I have worked in both community and hospital pharmacy and I am currently enrolled on a clinical pathway course which will enhance my knowledge and skills required to work safely and effectively in a primary care setting.

My role at Berry Lane Medical centre is to enhance the care and support provided to patients whilst helping our clinicians make the most of their time. This includes:

Ensuring patients' medication lists are accurate, up to date and safe, acting as a key point of contact between the practice and community pharmacies to help resolve any medication queries quickly, helping patients understand their medications, advising on safe storage and use, and signposting to pharmacy services when needed, Supporting audits, safety reviews, and projects to improve how we manage medicines across the practice.

I am looking forward to developing my role here at Berry Lane and being part of a great team.

By having a Pharmacy Technician as part of our team, we can offer patients a more efficient, safe, and responsive service — ensuring that everyone's medicines are managed effectively and with care.

We are thrilled to welcome Alison to the team!

CHANGE
NHS

**Help build a
health service
fit for the future**

Changing the NHS is going to involve everyone. The government wants to hear people's views, experiences and ideas as part of this engagement to help shape the 10 Year Health Plan for England.

Have your say at change.nhs.uk

**See your GP health
record on the
NHS App**



Did you know you can see your GP health record in the NHS App?

You can view your allergies, vaccinations, test results and more!

Find out more: www.nhs.uk/nhs

Vitamin D

Vitamin D helps regulate the amount of calcium and phosphate in the body.

These nutrients are needed to keep bones, teeth and muscles healthy.

A lack of vitamin D can lead to bone deformities such as rickets in children, and bone pain caused by a condition called osteomalacia in adults.

Government advice is that everyone should consider taking a daily vitamin D supplement during the autumn and winter.

People at high risk of not getting enough vitamin D, all children aged 1 to 4, and all babies (unless they're having more than 500ml of infant formula a day) should take a daily supplement throughout the year.

Good sources of vitamin D

From about late March or early April to the end of September, most people should be able to make all the vitamin D they need from sunlight. The body creates vitamin D from direct sunlight on the skin when outdoors.

But between October and early March we do not make enough vitamin D from sunlight.

Vitamin D is also found in a small number of foods.

Sources include:

- oily fish – such as salmon, sardines, trout, herring or mackerel
- red meat
- egg yolks
- fortified foods – such as some fat spreads and breakfast cereals
- liver (avoid liver if you're pregnant – find out about foods to avoid in pregnancy)

Another source of vitamin D is dietary supplements.

In the UK, cows' milk is generally not a good source of vitamin D because it is not fortified, as it is in some other countries.

People at risk of Vitamin D Deficiency

Some people will not make enough vitamin D from sunlight because they have very little or no sunshine exposure.

The Department of Health and Social Care recommends that adults and children over 4 take a daily supplement containing 10 micrograms of vitamin D throughout the year if they:

- are not often outdoors – for example, if they're frail or housebound
- are in an institution like a care home
- usually wear clothes that cover up most of their skin when outdoors

If you have dark skin – for example you have an African, African-Caribbean or south Asian background – you may also not make enough vitamin D from sunlight.

You should consider taking a daily supplement containing 10 micrograms of vitamin D throughout the year.

For more information on Vitamin D supplements visit: [Vitamin D - NHS](https://www.nhs.uk/conditions/vitamin-d)

How do I qualify?

If you, or someone in your household suffers from a severe or long-term health condition, which is affected by living in a cold home, you could qualify.

The severe or long-term health condition must be due to:

- A cardiovascular condition (heart)
- A respiratory disease (breathing)
- Limited mobility (movement)
- Immunosuppression (difficulty fighting off infections)

You must also own or privately rent your home.

Your property must also have an Energy Performance Certificate (EPC) of D, E, F or G (don't know your EPC? We can check this for you or, find out more at: www.gov.uk/find-energy-certificate)

What upgrades could I get?

- External Wall Insulation
- Internal Wall Insulation
- Cavity Wall Insulation
- Hybrid Wall Insulation
- Park Home Insulation
- Room-in-Roof Insulation
- Underfloor Insulation
- Loft Insulation
- Electrical Storage Heating
- Heating Controls
- Solar Panels & Battery Storage
- Glazing
- Flat roof insulation
- Draught proofing

How do I apply?

- Speak to an NHS healthcare professional (GP, District Nurse, Social Prescriber etc.) and ask them to refer you for an ECO4 Flexible Declaration

- For more information scan the QR Code to visit:

www.chil.uk.com/eco-and-eco-flex-funding or call 0330 606 1488



COSY HOMES
IN LANCASHIRE



Do you have a severe or long-term health condition which is made worse by living in a cold home?

Upgrade your home for FREE, with help from your Local Council, so you can feel safe, warm and well at home.



FREE heating, insulation and more available through your local council, in partnership with the NHS.

Speak to an NHS healthcare professional (GP, District Nurse, Social Prescriber etc.) and ask them to refer you for an ECO4 Flexible Declaration

0330 606 1488

www.chil.uk.com

Local support groups

Happy & Healthy Men

Connection, conversation and creation – that's what joining a Men's Shed is all about.

Men's Sheds encourage people to come together to make, repair and repurpose, supporting projects in their local communities.

Improving wellbeing, reducing loneliness and combatting social isolation.

Shed Support

Fun, helpful, social – Men's Sheds have been called a lot of things and our community of Shedders are to thank for all their success. But what exactly is a Shed? How do they start? Where can you find them?

To learn these answers and more take a look at all things Shed here.

"When men come together to connect, converse and create, they stay healthier for longer, both mentally and physically."



Brew, Chat & Build

Every Tuesday Evening 5pm-8pm
Warwick Street, Longridge

For more information
email: longridgemensshed@gmail.com
or visit us on Facebook: [longridge.mens.shed](https://www.facebook.com/longridge.mens.shed)

www.menssheds.org.uk

lal. Lancashire Adult Learning

YOUR BRILLIANT BRAIN
And How to Look After It

Longridge Library
Tuesday 18 November
1.30pm to 4pm
Free, booking required

A fun interactive session for adults 19 and over with practical advice to keep your brain sharp and resilient.



Parkinsons UK

Are you living with Parkinson's Disease?
Would you like to join our chair yoga group?

Wednesdays 1-2pm

Centenary room
St Pauls Church
Church street
Longridge

Car parking available in top car park

Come along—Lots of support, chat & even a brew provided

All sessions sponsored by Preston Parkinson's Group & equipment is provided

Any questions—contact Sue Wallace 07576476555
See you there!

LONGRIDGE LIBRARY

Chaps Who Chat

MEN'S SOCIAL GROUP WITH BOARD GAMES, PUZZLES, OR JUST A BREW AND A CHINWAG.



First Wednesday of the month
Drop in 10am to 11am

What help is available for people living with dementia?

Join us for an informal drop-in event highlighting local support services for those living with dementia in the Ribble Valley

Friday, November 28, 1pm-3pm
Council Chamber, Church Street
Clitheroe

Find out all you need to know about supporting your loved ones and getting the help you need

Have you got our latest dementia guide? If not email rvdementia@gmail.com and we'll get one to you





Take control of you and your community's health – use antibiotics wisely

Bacteria are becoming resistant to medicines at an increasing rate, turning once-treatable infections into potentially life-threatening conditions. This growing crisis - known as antimicrobial resistance (AMR) - is deepening health inequalities across our society

Why is this happening? While bacteria naturally develop resistance over time, the misuse and overuse of antibiotics is speeding up this process, putting our most vulnerable communities at risk.

Take action to protect you and your community:

- Remember: Antibiotics are ineffective against colds and flu. Your body can fight these infections on their own.
- Only use antibiotics when prescribed by a healthcare professional
- Always complete the full course as directed by your healthcare professional
- Never save antibiotics for later, or share them with anyone else.

What is antimicrobial resistance (AMR)?

Antimicrobials, including antibiotics, are used to prevent and treat infections in humans, animals, and plants. However, the more we use these medicines excessively or inappropriately, the more the bugs they target evolve to survive and the antimicrobials stop working. This is known as AMR. Examples of misuse include taking antibiotics for viral infections, such as colds, sore throats, or coughs, which cannot be treated by antibiotics.

Who does AMR affect?

AMR can impact anyone. It threatens our ability to treat common infections and to perform life-saving procedures. Without effective modern antibiotics and other antimicrobial treatments, patients facing health issues, such as cancer treatment, colorectal surgery, hip replacements, caesarean sections or those harmed in war zones, will be more likely to die from infections.

How serious is AMR?

Every day, antibiotic resistance means we struggle to treat patients.

Antibiotic resistance means that bacteria are less likely to respond to first line treatments, which can lead to serious complications, including bloodstream infections, sepsis and hospitalisation. People who get a bacterial infection that is resistant to one or more antibiotics are more likely to die within 30 days compared to those who have an antibiotic sensitive infection.

Antimicrobial resistance is not a crisis of the future, but one that is with us right now.

What can I do to reduce AMR?

Always follow your doctor, nurse or pharmacist's advice as to whether you need antibiotics. If they are prescribed, take them as directed, and never share them with friends and family or save antibiotics for later use.

You can also reduce the risks of AMR by reducing infections in the first place - take up the vaccinations you are eligible for and practice good hygiene like hand washing.

How are UKHSA and partners tackling AMR?

Alongside partners, we have made important progress in recent years. We have developed cutting-edge surveillance, techniques and modelling to inform interventions, with ongoing research to improve prescribing practices. We are also continually testing different therapeutic approaches to treat multidrug resistant organisms.

Everyone can help us in this fight by only taking antibiotics if you have been told to do so by a healthcare professional. Do not save some for later or share them with friends and family. Treat antibiotics with respect and they will be there to help us all in the future.



Visit [Antibiotic resistance - NHS](#) to learn more about antibiotic resistance

Pharmacy First

'Help Us, Help You'



In May 2023, NHS England and the Department of Health and Social Care announced a Delivery plan for recovering access to primary care. Part of the plan includes enabling patients to get certain prescription medications directly from a pharmacy, without a GP appointment.

A referral from your GP practice to the pharmacy is required for you to be able to access this service.

Accessing Pharmacy First services

The following table shows the 7 conditions pharmacists can manage across various age ranges.

Impetigo Aged 1 year and over Think Pharmacy first	Infected insect bites Aged 1 year and over Think Pharmacy first
Earache Aged 1 to 17 years Think Pharmacy first	Sore throat Aged 5 years and over Think Pharmacy first
Sinusitis Aged 12 years and over Think Pharmacy first	Urinary tract infections (UTIs) Women aged 16 to 64 years Think Pharmacy first
Shingles Aged 18 years and over Think Pharmacy first	

Other services

- **Help with new medicine**

When you start a new medicine for a long term condition you can have up to 3 appointments with a pharmacist to: answer any questions you have, help you use the medicine safely, make sure that the medicine's right for you.

- **Getting the contraceptive pill without a prescription**

Some pharmacies may offer the contraceptive pill for free without a prescription. If you are aged 18 years or older, you can also buy the progesterone-only pill from most pharmacies.

- **Emergency contraception**

Some pharmacies offer the emergency contraceptive pill for free. If you're aged 16 or over, you can also buy it from most pharmacies

- **Get a free blood pressure check**

Some pharmacies offer a free blood pressure check.

More services

- advice from a pharmacist after contacting NHS 111 or a GP
- chlamydia screening and treatment
- advice and help on how to stop smoking
- cholesterol and blood sugar testing
- the substance misuse service, including needle and syringe exchange schemes
- advice and help on how to manage your weight

Core messaging

- Going to your local pharmacy offers an easy and convenient way to get clinical advice on minor health concerns - you don't need an appointment and you can be seen in a private consultation room.
- Your local pharmacist can now offer treatment and provide some prescription medicine for seven conditions, if appropriate, without the need for a GP appointment or prescription (See above table).
- Pharmacists have the right clinical training to make sure you get the help you need and can also signpost you to your general practice team, A&E or other relevant local service, where necessary.

Wider messaging

- Community pharmacies are staffed by highly-skilled and qualified health professionals who are trusted parts of local communities: All pharmacists train for five years in the use of medicines before they qualify and are also trained in clinically assessing and treating minor illnesses and giving health and wellbeing advice to help people stay well. Pharmacy technicians are part of the pharmacy team and are also registered health professionals.
- The new expanded community pharmacy services which also include initiating oral contraception without needing to see a GP first, and providing more blood pressure check services, are part of the NHS' plans to recover and improve access to primary care services. It aims to free up to 10 million GP appointments a year once fully implemented, making it quicker and easier for the public to access healthcare in their local community, and giving them more choice in where and how they access care.
- Over 10,200 pharmacies (95%+) have opted to deliver the service and 80% of people live within 20 minutes of a community pharmacy, making it a convenient and quicker way of accessing care.

Call to Action

- Don't wait for minor health concerns to get worse – think pharmacy first and get seen by your local community pharmacy team.
- For more information, visit nhs.uk/thinkpharmacyfirst

October 2025 Monthly Statistics

- 546 telephone consultations with a GP or Nurse Practitioner
- 2645 face to face appointments with a GP or Emergency Surgery Clinician
- 2657 Nurse Appointments
- 70 home/Community Hospital Visits
- 4640 requests for medication
- 161 nursing Home Visits/Telephone calls
- 207 patients came to see our First Contact Physiotherapist
- 27 patients saw our Mental Health Practitioners
- 235 new patients were registered
- Our secretaries actioned 445 referrals
- Our reception team answered 11,616 phone calls

203 People did not attend their booked appointments

Total Clinical time lost: 68 hours

If you do not need an appointment that you have booked please cancel it.

Appointments

Appointments can be booked at the reception desk, over the telephone or by using the online Patient Access system or the NHS app.

If we have your mobile telephone number you will receive a text confirming the appointment date and time. You will receive a text reminder 48 hours prior to the appointment.

The emergency surgery is a service provided by the Practice for patients who feel their condition is urgent and wish to be seen that day

If you cannot attend an appointment for any reason please inform us as soon as possible in order for us to give the slot to someone else.

Saturday Clinics

The surgery is open on Saturdays from 08:00-12:00 offering limited pre-booked appointments. There are limited staff on duty and we kindly ask that you do not attend or call the surgery with any routine enquiries.

There are a limited number of appointments available with the GP and Nurse on Saturdays. You may be able to book annual health checks, NHS health checks, smears and injections with the nurses (Please note availability may change depending on the nurse on duty).

Please contact the surgery Monday-Friday to book routine appointments and annual reviews, collect blood forms and paperwork and order prescriptions.

Missed appointments

! MISSED 3 APPOINTMENTS IN 3 MONTHS?

Our reception team check all missed appointments daily. If you don't attend and no reason is given, it is recorded as Did Not Attend-in your medical record.

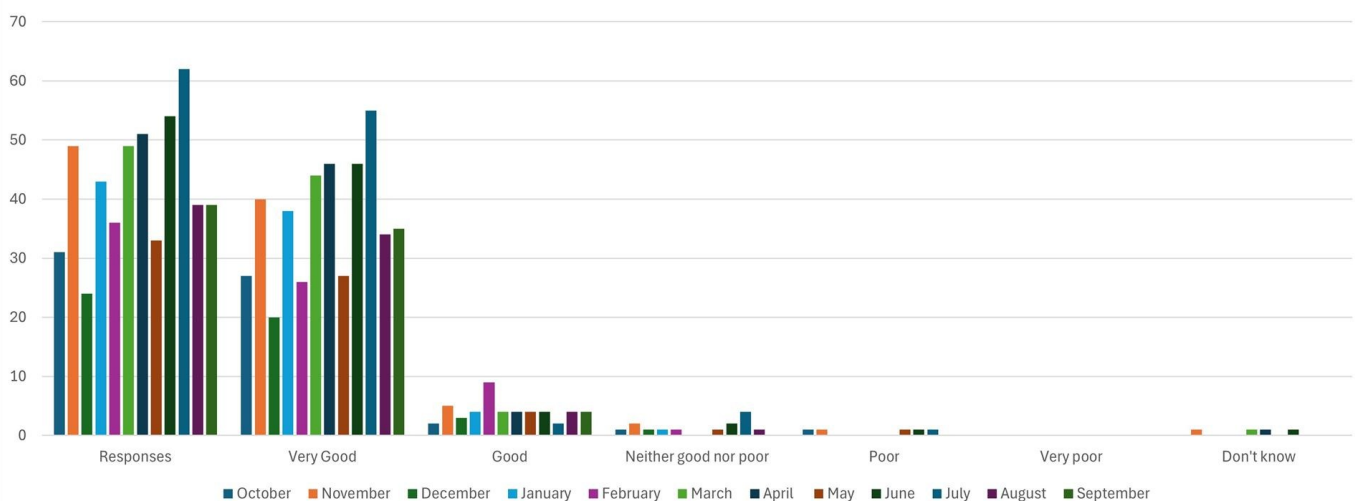
Here's what happens after repeated missed appointments:

- **Letter 1** - First warning: 3 missed appointments in 12 months.
- **Letter 2** -Final warning: If you miss another appointment within 3 months
- **Letter 3** - If you miss another after your final warning, you WILL be asked to register elsewhere.

This policy is in place to be fair to all patients.

Family and friends Survey

THINKING ABOUT YOUR RECENT CONTACT/VISIT TO BERRY LANE MEDICAL CENTRE OVERALL HOW WAS YOUR EXPERIENCE OF THE SERVICE



Each month we run a survey to allow patients, family and friends to have their say on the service provided by the practice. To participate you can visit our Berry Lane Medical Centre Website and complete the NHS Friends and Family questionnaire.

Thinking about your recent
contact/visit to Berry Lane Medical
Centre



Awareness campaigns and events

Movember—November

Men's Health Awareness Month

Responsible for thousands of moustaches on men's faces. Aims to raise vital funds and awareness for men's health.

[Movember UK](#)

[Mental health in the workplace](#)



Promoting Stress Prevention and Wellbeing

International Stress Awareness Week 3-7 November

Raise awareness, publicity and profile of stress and its impact, and reduce stigma while promoting the importance of wellbeing and stress reduction.

[National Stress Awareness Week](#)

Remembrance Sunday –9th November 2025

Remembering the service and sacrifice of all those that have defended our freedoms.

[Remembrance Sunday](#)



Anti-bullying Week 10-14 November 2025

Anti Bullying Week is organised by the Anti Bullying Alliance (ABA). The ABA is made up of anti-bullying organisations from all over the UK.

[Anti-bullying Alliance](#)

[Tackling bullying in the NHS infographic](#)

National Self Care Week 17-23 November 2025

Self Care Week is an annual national awareness week that focuses on embedding support for self care across communities, families and generations.

[National Self Care Week](#)



World Antimicrobial Resistance (AMR) Week 18-24 November 2025

Aims to increase awareness of global antimicrobial resistance (AMR) and encourage best practices among the general public, health workers and policy-makers.

[World Antimicrobial Resistance \(AMR\) Week](#)

Online Services

Did you know that you can order prescriptions, book/cancel appointments, view results and look at aspects of your medical records online? It's simple to register, all you need are login details provided by us and a computer, tablet or smartphone to access the website or app.

To sign up, please visit the surgery in person with a copy of your photographic ID, for example a passport or driving licence, and we will print your unique linkage key & password along with a list of GP online services you can access.

Access to GP Online Services

As from 18th October 2023 NHS England have changed what patients can view in their own medical record online/in an app. You will now have full access to all your medical records after 18th October 2023.

WHAT IS IN YOUR RECORD

- Illnesses or diagnosis
- Operations
- Examinations and screening
- Medicines
- Allergies
- Vaccinations and immunisations
- Test results such as blood and urine tests
- X-rays and scans
- Notes about your appointments with doctors and nurses at the surgery
- Letters from hospitals and other medical staff that look after you
- Lifestyle information, for example whether you smoke and drink alcohol or not, or how much you exercise
- Height and weight
- Contact details

If you are a new patient registering with us after this date, you will only get full access from the day you registered with us NOT any historic date from your last practice.

If you are already registered with us prior to this date, you will be able to view all medical records from 18th October 2023, not anything prior to this date.

For more information go to - <https://www.nhs.uk/nhs-services/gps/using-online-services>

We are now using a new online service for non clinical requests

It is a great way for you to contact our practice for non-urgent admin requests such as sick notes, repeat prescriptions, referral enquiries, test results or anything else admin related. It is very simple to fill out so please do give it a go if you need to contact us. We really think it is easier for most people than waiting on hold to speak to a receptionist we would love to hear your feedback. If you do not have access to the internet or find it difficult to use a computer or smartphone you can call reception instead or you can use the online form by accessing the link on our website.

Local Pharmacies

Cohens Pharmacy Berry Lane - 01772 782643
Well Pharmacy - 01772 784700
Goosnargh Pharmacy - 01772 865238
Grimsargh Pharmacy - 01772 797351

Useful Numbers

Referral Management Centre - 01772 660011
Longridge Hospital - 01772 777400
Royal Preston Hospital - 01772 716565
Chorley Hospital - 01772 522972
District Nurses - 01772 777323
Health Visitors - 0300 247 0040
MindsMatter - 01772 773437
Urgent Mental Health Line - 0800 953 0110

Useful Links

nhs.111.uk

www.nhs.uk/nhs-services/urgent-and-emergency-care-services

www.whenshouldiworry.com

www.nhs.uk/conditions/

www.nhs.uk/nhs-services/prescriptions-and-pharmacies/

How to keep antibiotics working



Don't take antibiotics for colds and flu. They won't work

Don't save leftover antibiotics for later, they don't work

Take them as directed by your GP, nurse or pharmacist



Scan the QR code to find out more

